## Juneau Parents as Teachers: Outcomes

The AEYC Juneau Parents as Teachers is a voluntary home visiting program for any family that is pregnant or with a child up to age 3. Juneau Parents as Teachers is designed to support young families, increase parent knowledge of early childhood development, and improve parenting practices. Parents who participate for a least a year are provided an exit survey when they complete the program. Here is what they had to say.

## Summary of Knowledge and Skills Exit Surveys 2014-2016

Based on exit surveys from 46 families

I understand my child's development and how it influences my parenting responses

I know how to meet my child's social and emotional needs.

I am able to deal with the stresses of parenting and life in general

I establish routines and set reasonable limits and rules for my child

I am able to set and achieve goals

I feel supported as a parent

I use positive disipline with my child

I regularly support my child's development through play, reading, and shared time together

I make my house safe for my child

% parents that agreed AFTER% of parents that agreed BEFORE









