CDA Training Hours Worksheet



You must complete 120 hours of formal early childhood education training, covering the growth and development of children, with no fewer than 10 training hours in each of the following subject areas:

- 1. Planning a safe and healthy learning environment.
- 2. Advancing children's physical and intellectual development.
- 3. Supporting children's social and emotional development.
- 4. Building productive relationships with families.

- 5. Managing an effective program operation.
- 6. Maintaining a commitment to professionalism.
- 7. Observing and recording children's behavior.
- 8. Understanding principles of child development and learning.

Complete this worksheet to determine the number of hours you've achieved in each subject area by placing the total number of training hours in the corresponding column and adding each column.

Date	Training	1	2	3	4	5	6	7	8
Totals:									

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	Totals:								

If you have questions or need assistance in using this worksheet or to determine a particular subject area for a specific training, please contact your local thread office.