



Juneau

Family Pages

Resource Directory for families with children ages birth to eight

Parenting & Pregnancy Support

Southeast Alaska Association for the Education of Young Children (SEAAEYC).....907-789-1235

3200 Hospital Drive, Suite 204 | www.aeyc-sea.org

- **Parents As Teachers** – call to sign up or find out more about this free home visiting program for any pregnant family or family with a child up to age 3. Every 2-3 weeks, a home visitor brings a book, fun activity, information about child development, and an invitation to a special monthly family night.
- **Child Care Referrals**– AEYC keeps track of the licensed programs in Juneau and the ages they care for. You can view the list online or call with questions. AEYC can also help connect you with child care assistance and other helpful resources.
- **Dolly Parton Imagination Library** -Did you know that reading with your children daily is a great way to build the social-emotional and literacy skills that support Kindergarten readiness? Thanks to Dolly Parton, Best Beginnings and local sponsors, this community-wide program offers all children under age 5 in Juneau a FREE book in the mail every month. Enrolled families also receive a free monthly bulletin via email. Families can enroll online at www.aeyc-sea.org.

Baby Raven Reads (Sealaska Heritage Institute)...907-586-9201

105 S. Seward St. Suite 201 | www.sealaskaheritage.org

Sealaska Heritage sponsors Baby Raven Reads, an award-winning program that promotes early-literacy, language development and school readiness for Alaska Native families with children up to age 5.

Bartlett Regional Hospital.....907-796-8900

Bartlett Beginnings: Family Birth Center.....907-796-8424

3260 Hospital Drive | www.bartletthospital.org

Full obstetrical care and an array of prenatal classes. Complete prenatal education from early pregnancy to birth and infant care and feeding. Classes for expectant fathers. New Parent support groups including baby/parent time, toddler play groups, and dads and babies play groups. Postpartum breast-feeding support with a Breastfeeding Clinic, offering outpatient services by International Board Certified Lactation Consultants. All classes are free of charge.

Child Care Assistance Program.....800-479-2212

[thread](http://www.threadalaska.org) | www.threadalaska.org

Aids eligible families with the cost of child care, aiming to ensure that safe, healthy, quality child care is accessible and affordable.

Help Me Grow.....1-833-464-2527

<https://helpmegrowak.org/>

Help Me Grow features both a resource website and call center offering resources and support for all of Alaska's children and their families. The call center is staffed with family support specialists, individuals with experience in, and understanding of, child development, social services, and resources available in Alaska and beyond. They help connect you services in your area. Contact them to discuss your needs, concerns, or to get a developmental screening.

Hello BABY (Building Alaskan Babies with You)....907-723-0550

<https://www.aeyc-sea.org/all-for-baby.html>

Hello B.A.B.Y. is a free, voluntary program for parents and their new babies. It offers information, connections, and services so that you and your family can feel knowledgeable, strong, and healthy. The program involves partnering with a coordinator who can answer questions, connect you with community programs, and help you to build the strong family you wish for yourself and your new baby.

Juneau Community Doula Network

www.juneaudoulas.com

Access to professional labor support. Scholarships and financial support available.

Juneau Family Birth Center.....907-586-1203

1601 Salmon Creek Lane, Juneau AK 99801

info@juneaubirthcenter.org • www.juneaubirthcenter.org

Dedicated to providing wraparound support services to families throughout the birthing year and into early parenting. This includes free pregnancy testing and free consultation. Denali KidCare is accepted, and an income based fee structure is available, including donated healthcare.

Juneau School District.....907-523-1700

Physical: 1208 Glacier Ave. Mail: 10014 Crazy Horse Dr., 99801

www.juneauschools.org

The Juneau School District has preschool programs at each of their six elementary schools. There is also a Montessori Pre-K option. Preschools are offered T-F with a morning or afternoon session.

Schools:

Auke Bay Elementary School 907-796-5275

Gastineau Elementary School 907-796-5075

Glacier Valley Elementary School 907-780-1400

Harborview Elementary School 907-523-1850

Mendenhall River Elementary School 907-463-1799

Riverbend Elementary School 907-796-5700

Montessori Borealis 907-523-1848

JSD Special Education Student Services907-780-2054

A variety of special education programs offered for children ages 3 through 21 who are eligible for additional education support services.

Planned Parenthood.....800-769-0045

3231 Glacier Hwy., Juneau, AK 99801

At this health center you can come in for appointments that do not require a medical exam. For example, birth control education and supplies; emergency contraception (morning after pill); pregnancy testing and counseling; STD testing; testing and treatment for urinary tract infections. Fees for services are based on your household income. Denali KidCare and Medicaid accepted.

Continued...

Preserving Native Families (PNF)....800.344.1432 ext. 7169
907.463.7169 | <https://www.ccthita.org/services/family/counseling/index.html>

The Preserving Native Families (PNF) program provides intensive in-home, preventative services to tribal citizens whose children are at risk for out-of-home placement. The following types of services are provided:

- Early intervention/preventative family services;
- In-home services (parenting education, transportation, supervised visitations);
- Support and referral services;
- Coordinated case management;
- Parenting classes and groups;
- Education/support groups; and
- Facilitation of family meetings.

Treatment services provided are unique, distinctive and original, integrating Western therapeutic techniques with Native American Spiritual healing practices and Southeast Traditional Tribal Values.

A variety of counseling approaches are utilized such as: play therapy, loss and grief therapy, group therapy, traumatic stress therapy, developmental therapy and collaborative family therapy. Call for eligibility information and to apply.

RALLY (School Based).....907-523-1760

10014 Crazy Horse Drive 99801 | www.juneauschools.org
School based programs located at each of the elementary schools for before-and after-school care. Offered for grades K through 5. Covers in-service days, winter, spring and summer breaks.

REACH—Infant Learning Program..... 907-586-8228

213 Third Street | www.reachilp.org
Would you like to learn more about your child's development? Complete a free developmental screen at www.reachilp.org. The REACH Infant Learning Program (ILP) is a voluntary program that works with families who have children under the age of three. We strive to strengthen and support families through relationship-based services. We focus on enhancing the child-caregiver relationship to support the child's movement through development. We do this by providing developmental evaluations and, if eligible, developmental services in your home or community.

SAIL-Developmental Disability Resource Connection (DDRC)
800-478-7245

8711 Teal Street, Suite 300 | www.sailinc.org
DDRC (formally the STAR Program) assists individuals with developmental disabilities, and their families, access resources in their community and apply for services through State of Alaska Developmental Disabilities Programs.

Stone Soup.....877-786-7327

www.stonesoupgroup.org
Based in Anchorage, Stone Soup provides support and assistance to families caring for children & youth with special needs. Experienced parents of children with special needs helping other parents 'navigate' the system of resources, services, and education, providing support along the way.

thread Child Care Resource & Referral

Child Care Referrals..... 1-800-278-3723
Child Care Assistance..... 1-855-479-2212
www.threadalaska.org
thread is Alaska's statewide child care resource and referral network. They offer an online search tool for finding care, administer the State of Alaska Child Care Assistance Program, and support child care providers in their professional development.

Tlingit and Haida Child Care Services.....907-463-7140

3075 Vintage Blvd. | www.ccthita.org
Child care subsidies are available for Native families with low to moderate incomes. Trainings to enhance the quality of child care and health and safety equipment for child care providers.

Tlingit and Haida Head Start...907-463-7127, 800-344-1432

9095 Glacier Highway www.ccthita.org
Head Start is a free pre-school program that provides learning experiences for children ages 3-5 and their families four days a week. Head Start benefits include: low child to staff ratio, school readiness, family engagement activities, nutritional meals, promoting social and emotional well-being. Head Start is open to children of all nationalities. Low income families receive priority, but all may apply. There are three Head Start sites in Juneau, contact the Central Office to find out more!

Where can I find prenatal care in Juneau?

- **Denali KidCare** covers all prenatal visits for pregnant women. Visit www.healthcare.gov, or call (800) 478-7778. Ask your medical provider about vouchers to cover local travel (taxi) to and from prenatal appointments, well-baby checks, and some classes.
- **Inside Passage Midwifery (907) 463-2600**
853 Basin Rd. | www.insidepassagemidwifery.com
- **Juneau Family Birth Center (907) 586-1203**
Services are based on a sliding fee scale. No one is turned away because of inability to pay.
- **Juneau Obstetrics & Gynecology (907) 586-1717**
- **SEARHC Ethel Lund Medical Center (907) 463-4040**
- **Valley Medical Care (907) 586-2434**
Accepts Denali KidCare and other insurance billing.

The Family Pages is a guide to the many resources available in Juneau that support families with young children. It is a project of the Juneau Partnerships for Families and Children, a coalition of local and state agencies who work collaboratively to promote shared broad-based communication and support for young children and their families. Our vision is that all families with young children will have access to community resources that support their health, growth and development.

Partner Agencies: SEAAEYC, Alaska Association of School Boards, Bartlett Beginnings, Hello BABY, JAMHI Family, Juneau Family Birth Center, Juneau Public Health, Juneau Public Libraries, Juneau School District, Office of Children's Services, REACH, Inc., SAIL, Sealaska Heritage Institute Baby Raven Reads, Tlingit & Haida Head Start, United Way of Southeast Alaska

This guide was produced and updated by SEAAEYC, 3200 Hospital Drive, Suite 204, Juneau, AK 99801 | 907-789-1235. Please contact the Partnerships Coordinator with any corrections or additions, info@aeyc-sea.org. A copy of this information along with other helpful family resources are available at www.aeyc-sea.org. V.0723

